

**Motivational Speaker  
Specializing in  
Leadership,  
Resilience,  
Organizational  
Change**



## **Angela Buttimer**

**Keynote Speaker,  
Corporate Trainer,  
Executive Coach**

Does your organization need practical strategies to improve leadership, resilience, productivity, and performance in today's rapidly changing world?

Imagine your leaders and teams operating with greater focus, effectiveness, and purpose!

**STRESS LESS WHILE PRODUCING  
AND PERFORMING AT YOUR BEST**



## **About Angela**

Angela Buttimer is a keynote speaker, leadership strategist, and organizational consultant with more than three decades of experience helping leaders and organizations thrive through change. Drawing on her expertise in behavioral psychology, mindful leadership, and human performance, Angela delivers practical strategies that strengthen resilience, enhance leadership effectiveness, improve productivity, and elevate workplace culture. Her engaging presentations blend research, real-world experience, and actionable tools that inspire meaningful growth and lasting results. Angela is an ideal choice for organizations seeking both inspiration and practical outcomes.

**Book Angela for your next speaking event!**

**404-949-9500**

**[angela@buttimerconsulting.com](mailto:angela@buttimerconsulting.com)**

# Topics

*Mindful Leadership:  
Optimizing Performance,  
Productivity, and People*

*THRIVE with Mindful Mojo:  
Regulation, Resilience,  
Results*

*Mindful Communication and  
Emotional Intelligence*

*Thriving in the Trenches: A  
Success Mindset*

*Customized Programs*

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*"Angela customizes presentations for YOU! See What They're Saying! Angela took our idea and ran with it from start to finish. Her openness to our ideas and input to our topic were exceptional. Her presentation style was lively and engaging." Bryce Walker, YPO San Antonio*

## TESTIMONIALS

*"Angela delivered an impactful and engaging keynote that offered actionable strategies, fun audience interactions and participation, and reflective, meaningful stories!"*

**- Sue Palmer, Events Manager, Clarion Events**

*"Angela is masterful in bringing resilience to the workplace to the most hardened skeptic."*

**- Danica Kombol, Everywhere Agency**

*"Completely professional, organized, eloquent and incredibly thought provoking."*

**-Nita Stallard, Aetna**

*"An inspiring and meaningful program on every level with a solid message. Absolute professionalism with both motivating and pragmatic ideas to implement. My team of executives could not wait to have more!"*

**- Craig Eister SVP, InterContinental Hotels Group (IHG)**

*"Angela is an incredible speaker and great encourager. She had us laughing and dancing, really engaging the audience"*

**-Annie Mullins, CMP**

*"Angela's engaging, research-based approach captivated our audience and delivered practical strategies that will have a lasting positive impact on our healthcare culture."*

**- Brandi Simpson, PAH Nursing, Piedmont Healthcare**

**IHG**



**NAWIC**  
THE NATIONAL ASSOCIATION OF  
WOMEN IN CONSTRUCTION



## The Media Loves Angela

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**OX 5** ANGELA BUTTIMER  
PSYCHOTHERAPIST/AUTHOR  
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