



**Motivational + Content  
Speaker**

**Feel, Perform, and  
Live Better**

## **Angela Buttimer**

**Motivational Speaker  
TEDx Speaker**

Motivational Speaker with a background and graduate degree in Behavioral Psychology – specializing in Workplace Behaviors and Dynamics including Leadership, Mindfulness, Emotional Intelligence and Organizational Change

**STRESS LESS WHILE PRODUCING  
AND PERFORMING AT YOUR BEST**



## **About Angela**

Whether Angela is delivering a keynote, speaking to the media, or working with coaching clients, her style is authentic, relatable and inspiring. She helps people stress less while improving performance, profits and productivity. With Angela's extensive background and experience in psychology, she has a deep understanding of human behavior and human potential to help others feel, perform and live at their best. **When you hire Angela, you can expect an impactful, informative, and inspiring experience!**

**Book Angela for your next speaking event!**

**404-949-9500**

**[angela@buttimerconsulting.com](mailto:angela@buttimerconsulting.com)**

# Topics

- Mindful Leadership: Driving Performance, Productivity and Profits
- Inspired to Action: Effective Leadership Solutions
- Mindful Productivity: From Burnout to Balance and Breakthroughs
- THRIVE with Mindful Mojo: A Resilience Mindset.
- Strengthening Resilience During Change
- Leveraging the Science of Emotional Intelligence and Mindfulness for Optimal Results
- Full Spectrum Wellness
- Customized Programs

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*She customizes presentations for YOU! See What They're Saying! Angela took our idea and ran with it from start to finish. Her openness to our ideas and input to our topic were exceptional. Her presentation style was lively and engaging.*  
**Bryce Walker, YPO San Antonio**

## TESTIMONIALS

*Sought after thought leader who is masterful in her delivery – highly recommend her for your next event!*

**– Tom Cramer, CEO Groups – Brain Trust**

*Angela delivered an impactful and engaging keynote that offered actionable strategies, fun audience interactions and participation, and reflective, meaningful stories. She listened to and understood the needs for our event and helped to make the evening both substantial and celebratory!*

**– Sue Palmer, Events Manager, Clarion Events**

*Useful actionable strategies based on our leadership participation feedback*

**– Jackie Noonan, Cox Communications**

*Masterful in bringing mindfulness to the workplace to the most hardened skeptic*

**– Danica Kombol, Everywhere Agency**

*Completely professional, organized, eloquent and incredibly thought provoking.*

**–Nita Stallard, Aetna**

*Great speaker who is willing to deep dive into the interests of the audience and incredibly easy to work with as a meeting planner –*

**– Sophia Bauer**

*Soulful, funny, engaging, and inspirational.”*

**–Carolyn Helmer, Director, Chapman Cancer Wellness Piedmont Healthcare**

*Phenomenal! I recommend Angela without reservation!”*

**– Susan Powell, Founder/General Manager, Good Living Real Estate/Keller Williams**

*Her connection with the remote audience and messaging were inspiring and had an impact resonating with our group. We would highly recommend Angela as a speaker!*

**– Lynn Anderson, Buckhead Professional Women's Association**

*“An inspiring and meaningful program on every level with a solid message. Absolute professionalism with both motivating and pragmatic ideas to implement. My team of executives could not wait to have them return for more!”*

**– Craig Eister, SVP, InterContinental Hotels Group (IHG)**

*Our faculty and staff have also reported that they now have tools to better handle change and transition in the workplace.*

**–Donna Riley, Georgia Tech**

*She was fantastic - knows her stuff and made it easy for participants to find practical ways to take action.*

**– Victoria Inman, Jabian Consulting**

*Received with glowing comments from our nurses. Utilizing humor, storytelling and research-based practices, the audience was completely engaged. The material she presented not only lifted them up but will have a positive and pragmatic impact on the culture in our healthcare system”*

**– Brandi Simpson, PAH Nursing Shared Governance, Piedmont Healthcare**



## The Media Loves Angela

